

MONDAY	Lentil soup/Fruit juice Pork Stroganoff or Mince and Potatoes, Carrots and Peas Yogurt or Ice Cream	Soup Open Sandwiches Scones/ Cakes Rice Pudding
TUESDAY	Veg Pie, Provencal Potatoes, Parsnips, Baby corn or Toasties(Various fillings) Pineapple upside down cake/ Chocolate Mousse	Poached Egg Toast or Sandwiches Cheesecake or Scones, Jam and Cream
WEDNESDAY	Potatoe soup/Fruit juice Chicken Curry with Rice or Potatoes or Cottage Pie, Turnip and Green Beans Yogurt or Mousse	Scampi, Chips and Garnish or Sandwiches Fruit Scone or Angel Delight
THURSDAY	Corned Beef or Cold Ham with dauphinois potatoes, hot beetroot in a white sauce and brussel sprouts Trifle or Ice cream	Toasties or Soup Teacake, Fresh fruit salad or Lemon meringue pie
FRIDAY	Tomato and sweet pepper soup Fish and chips with Peas Yogurts or Mousse	Chicken bake and rice or soup Pancakes and fresh fruit
SATURDAY	Quiche or sliced sausage with stir fried veg, creamed spinach and layonaise potatoes Banoffee pie or yogurt	Filled rolls(various fillings) Mousse/cakes Fresh fruit salad
SUNDAY	Roast of the week with roast potatoes, cauliflower cheese, carrots Meringue roulade or Ice cream	Sandwiches(various filling) Scones/ Tray bake Yogurt